



## San Diego OASIS Fact Sheet

### SAN DIEGO REGION

**San Diego OASIS** is a nonprofit organization serving people 50+ throughout the San Diego region. Our community service benefits all ages and communities.

**Mission** is to promote successful aging through a three-fold approach: lifelong learning, healthy living and community service.

**Vision** is to see that adults age 50+ have opportunities to pursue vibrant, healthy, productive and meaningful lives. We seek to positively impact their lives through partnerships to share knowledge, offer evidence- and research-based programs, conduct evaluations and adapt to meet the needs of diverse audiences. Our approach includes the following key areas:

- Lifelong Learning
- Health and Wellness
- Community Involvement

**History.** OASIS was founded in 1982 in St. Louis. The nonprofit network of local organizations is now active in 40 cities across 24 states.

**Membership is free.** Some classes are free; others range \$4-15 per class.

**Members:** 32,060 (12,000 in North County and 20,060 in central San Diego, age 50+ (as of June 2012))

#### Program highlights:

- **Lifelong learning:** OASIS offers more than 400 classes each trimester at 9 locations in North County and 12 locations in central San Diego.
- **CATCH Healthy Habits** offers 115 trained volunteers in facilitating anti-obesity and healthy lifestyles program for 350 elementary school children in 20 locations in the San Diego region.
- **Intergenerational Tutoring Program:** 716 volunteer tutors work together helping local children in grades K-4 build reading skills, self-esteem and positive attitudes toward learning. Serving San Diego, Chula Vista, El Cajon and La Mesa/Spring Valley, Poway, Rancho Bernardo, Ramona, Escondido, San Marcos, Vista and Encinitas school districts.
- **Travel program:** day trips (such as Getty Villa, Disney Hall, Festival of the Arts) and extended trips (such as Cuba, New Zealand, Chicago) are offered throughout the year.

**History:** San Diego region has had two independent OASIS centers for almost 30 years: one in Escondido and one in Mission Valley San Diego. In 2011 the board voted to merge the two centers into one efficient, region-wide organization, which will allow us to serve more communities in the San Diego County.

**Tax ID/ EIN number:** 30-0403895

**Contact:**

Simona Valanciute

President & CEO

(619) 574-0674

[www.oasisnet.org/sandiego](http://www.oasisnet.org/sandiego)

[www.oasisnet.org/escondido](http://www.oasisnet.org/escondido)

<b>NATIONAL INFORMATION – CONTACT</b>
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The OASIS Institute is headquartered in St. Lois, MO.

7710 Carondelet, Suite 125

St. Louis, MO 63105

Phone: (314) 862-2933

[www.oasisnet.org](http://www.oasisnet.org)

<b>NATIONAL INFORMATION – IMPACT REPORT 2011</b>
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- OASIS programs are now offered in 40 cities and 24 states.
- OASIS Tutoring expanded to 105 school districts.
- Class enrollments exceeded 143,000 overall.
- 14,631 new people have joined OASIS.
- Enrollment in Connections technology classes topped 7,700 in 90 locations.
- 49% of classes are taught by volunteer instructors.
- 6,118 people volunteered with OASIS.
- The average number of classes being taken by OASIS participants is up to nearly 5 classes per person.
- More than 1,000 children and 200 adult volunteers participated in CATCH Healthy Habits to combat obesity.
- 21,620 enrollments took place in low income zip codes.
- Sam's Club donated \$284,730 to support OASIS health programs based on the 57,000 votes for OASIS in the Giving Made Simple campaign.