



OASIS Connections Technology Training

Help older adults develop the skills and confidence to use technology effectively

Computer skills have become necessary for adults age 50 and over to access services, to succeed in the workplace, to manage finances, and to stay connected with family and friends. Unfortunately, computer classes designed for general audiences don't often meet the learning needs of older adults, which can leave them frustrated and discouraged.

OASIS Connections is an evidence-based curriculum designed specifically for older learners to help them build success, confidence and practical technology skills. Key elements of the program include:

- Materials with large readable text
- Step by step procedures and screen illustrations
- Glossaries and helpful hints to demystify terminology
- Enjoyable practice activities that relate to students' interests
- Active learning and positive reinforcement within a supportive peer group
- Promotes a rewarding volunteer opportunity for instructors

Comprehensive: Thirty-four courses cover a wide range of topics, from basic skills to communicating with email and social networking tools and finding information and services online. Courses in word processing, spreadsheets and presentations teach key workplace skills.



Evidence-Based: A 2010 study by the University of Miami Miller School of Medicine shows that the introductory Connections courses are effective in increasing the knowledge, skills, comfort and use of computers by older adults.

Partner with OASIS to offer effective training for your audience

More than 90 partners have offered Connections training for their constituents. Our wide range of partner organizations includes libraries, senior centers, Senior Community Service Employment programs, senior residences, colleges, parks and recreation centers, YMCAs, Boys & Girls Clubs and faith-based organizations. OASIS provides support for partners through instructor training, marketing templates, implementation guidance and evaluation results. We work with each partner to design a program that best serves their audience.

“This was exactly what I needed. I tried another class elsewhere but it was too advanced. The OASIS class started from ground zero.”



“Connections at Work” focuses on workforce development

These courses, part of the overall curriculum, are especially helpful for people who need to update their workplace technology skills:

- Meet the Computer – helps students with minimal computer experience get started using the computer, mouse and keyboard
- Introduction to Computers – covers the most common skills needed including Windows, Internet, email and basic word processing
- The Complete Job Search – how to search and apply for jobs online, create and send a resume and prepare for interviews
- Office Applications – in-depth courses on Microsoft Word, Excel, Publisher and PowerPoint prepare students for today’s workplace needs



Connections at Work

The complete Connections curriculum offers the quality and flexibility needed to help mature adults become confident at the computer

- Courses range from 1 to 8 sessions, so you can choose the content and schedule best suited to your participants.
- Courses are updated annually and relevant to older adults’ needs. New courses are added regularly on current topics such as social media, blogs and digital photography.
- Student handbooks are a learning tool and reference both during and after classes.
- Instructors receive training and certification in the curriculum and proven teaching methods for older adults.

For more information, please contact :

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OASIS is a national non-profit organization that promotes successful aging through lifelong learning, health programs and volunteer engagement. The OASIS vision is to see that adults age 50-plus across the country have opportunities to pursue vibrant, healthy, productive and meaningful lives. Founded in 1982, OASIS serves more than 370,000 adults through partnerships in 40 cities. The OASIS Institute in St. Louis is the national headquarters.