

Generations for a Healthy Community



A new opportunity to create community leaders

Generations for a Healthy Community is an intergenerational advocacy program that unites adults 50+ with youth in grades 4 to 6 to discover opportunities for healthy eating and physical activity, connect with community members, and take action by promoting good nutrition and active living.

Community Portraits

Intergenerational teams create community portraits and build leadership skills. Weekly, hour-long sessions include hands-on activities such as photography and map making. OASIS developed the curriculum in partnership with the Girl Scouts of Eastern Missouri to help young people learn team work, citizenship and respect for diverse opinions.



Student Voices

The improvements that participants stated were most important for healthy living are:

- Adult supervision is needed to make walking to/from school safer
- Sidewalks are needed in neighborhoods to make active transportation safer
- All students should have PE class daily
- Recess should not be withheld as punishment
- Recess should be held in school-owned fields instead of in parking lots
- Foods served in school cafeteria should be fresh
- Students should be allowed to select their food in the cafeteria line
- There should be more community gardens
- Adult supervision is needed to make playing in community parks safer



Generations for a Healthy Community was piloted in the Jennings School District in partnership with the Girl Scouts of Eastern Missouri.



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