

The logo is a circular emblem. At the top, the word "Oasis" is written in a blue, sans-serif font, accompanied by a green leaf icon. Below the text, a collection of colorful food items is arranged in a circle: a red apple, a carrot, a kiwi, a strawberry, a bunch of grapes, a chicken drumstick, a peach, a broccoli, and a slice of watermelon. In the center of the food items is a computer monitor displaying the "Oasis" logo. The words "VIRTUAL HEALTHY HABITS" are written in a black, sans-serif font along the bottom curve of the circle.

Workshops Anticipated Over Three-Year Licensing Period	Price for Three-Year License
≤30	\$1,500
31-60	\$2,820
61-90	\$3,960
91-150	\$6,150
150-210	\$7,980
211-300	\$10,500
Unlimited, 300+	\$15,000



Leader Training (\$800/leader):

Twelve total hours of virtual training for each leader; three, four-hour sessions.

Master Training (\$600/leader):

After teaching two workshops, leaders are eligible for Master Training to teach new leaders. Master Training is four virtual hours.

Schedule Leader and Master Training with Oasis by submitting an inquiry on the webpage.

Participant Workbooks:

- Assume 6-10 participants for virtual workshops; 8-16 for in-person versions.
- Budget \$25 for each participant workbook plus shipping through Oasis.
- Budget for postage to mail the workbook to participants for virtual workshops.

Meals:

It's important that a healthy meal is provided in advance of the second session of the week. There is flexibility in how that is achieved. Organizations can ship ingredients to participants' homes via a grocery shopping app, create meal kits for pick-up, or provide a healthy boxed lunch. Budget according to your organization's preference and goals. This can range from \$75-\$250 per person for five weeks.

